Project Title: Reducing early literacy differences in preschool children from

low-SES families: The effects of an early metalinguistic

intervention

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1 Abstract

This study developed and investigated the effects of an early metalinguistic intervention program called "Joy of Learning Literacy (Jolly)" on the language and reading skills of Chinese children from families with low socioeconomic status (SES) in Hong Kong. A total of 303 third grade kindergarteners completed pretests and posttests on language and reading skills in Chinese and English. Between the two tests, the intervention group received 18 Chinese lessons and 12 English lessons, whereas the control group received no language-related intervention. Controlling for parent education and child gender, age, and pretest performance, ANCOVAs showed that the intervention group (a) performed significantly better in posttests on phonological awareness and morphological awareness in Chinese, and phonological awareness, vocabulary knowledge, and word reading in English, compared with their low-SES counterparts in the control group, and (b) performed significantly better in posttests on phonological awareness and vocabulary knowledge in English, compared with their middle-SES counterparts in the control group. Cluster analysis further revealed three subgroups among low-SES children regarding language skills. Comparisons of these subgroups showed that children with lower language skills prior to participation in the intervention exhibited greater improvement regarding Chinese and English language skills. These findings highlight the potential benefits of an effective early metalinguistic intervention program for addressing the reading achievement gap of kindergarten children from low-SES and middle-SES families in Hong Kong. These results also increase public awareness of the influence of poverty on child language and literacy development and demonstrate ways for helping low-SES children and their families.

2 Keywords (in alphabetical order)

Chinese and English learning, early metalinguistic intervention, kindergarten children, language and reading skills, low-SES families

3 Introduction

Literacy is vital to the academic achievement of children throughout their school years. However, most children from families with low socioeconomic status (SES) are at risk of making poor progress in developing cognitive and language skills, which adversely affects later academic achievement. The academic achievement gap between disadvantaged and advantaged children seems to play a prominent role in the intergenerational transmission of poverty. The academic inequalities linked with low SES begin in early childhood and may persist or even worsen over time. More importantly, failure to develop reading and writing skills may have various negative effects on young children. The inability to communicate and learn effectively is associated with social and emotional behavioral problems, which may prompt students to withdraw from educational environments and therefore lack vital teacher-student interactions. Studies on children with slow development have demonstrated that those from low-SES backgrounds tend to be at greater risk of making poor progress in early literacy learning, with negative effects on their ensuing academic progress (Hart & Risley, 1995; Liu, Chung, & McBride, 2016). A low-SES family background may be a major factor contributing to such slow progress partly because of parent literacy levels and behaviors.

Increasing evidence suggests that kindergarten children from low-SES backgrounds in Hong Kong tend to develop language and literary skills at a slower rate than their middle-SES peers (Chung, Liu, McBride, Wong, & Lo, 2017; Liu et al., 2016). Therefore, in the current study, we aimed to develop and implement an early literacy intervention program based on home-school collaboration and education for Chinese kindergarten children with low-SES backgrounds.

4 Literature Review

4.1 Language development of young children

Language development has a profound effect on the future growth of young children (Chung et al., 2017; Duncan, Brooks-Gunn, & Klebanov, 1994). Poor progress in early language skill development may negatively affect a child's academic achievement (Moffitt et al., 2011; Reynolds, Temple, White, Ou, & Robertson, 2011). Indeed, early language development is a key predictor of cognitive functioning, behavioral adjustment, and academic achievement (Teale & Sulzby, 1986; Wells, 1985).

In Hong Kong, children begin to read at the age of approximately 3 years and learn both Chinese and English throughout their school years. Competence specifically in Chinese and English language and literacy skills is key for early learners in Hong Kong because it constitutes two thirds of the core subjects in the Hong Kong education system and is therefore practically linked to securing desirable jobs in the future. Because children vary in their language abilities from a young age, identifying optimal methods for fostering child language development is imperative. Notably, Chinese differs from English in various aspects that are relevant to literacy acquisition, such as phonology, visual orthography, and morphology. Chinese is a morphosyllabic writing system, in which each character, the basic unit of writing, represents both a morpheme (meaning unit) and a syllable. The majority of Chinese words are compounded from two or more morphemes, with a relatively high number of homophones. Therefore, an integrated intervention program involving specific training of key language skills such as morphological structural awareness and homophone sensitivity morphemes may facilitate the acquisition of Chinese and English literacy.

4.2 Socioeconomic status and childhood language development

SES is commonly associated with the cognitive ability, language skills, and reading academic performance of young children (Chung et al., 2017). Low-SES families are categorized

as having low income, which is often associated with parents who have received relatively little education. The children from these families are often disadvantaged in terms of having lower academic achievement, fewer employment opportunities, and limited access to public services and social support. Limited academic skills, free time, and awareness of the value of parental input are also characteristics of such families. Moreover, these families experience greater difficulty in acquiring access to literacy materials and activities, which affects the language and literacy development of their children (Lundberg, Larsman, & Strid, 2012; Rodriguez et al., 2009). This premise implies that children from low-SES backgrounds are at risk of experiencing problems in language acquisition and the development of literacy skills in early life. Considerable evidence has also indicated that young children with low-SES backgrounds tend to develop slower than their middle-SES counterparts in terms of cognitive, general language, and literacy abilities (Korat, 2005; Noble, Farah, & McCandliss, 2006; Qi, Kaiser, Milan, & Hancock, 2006; Reynolds & Fish, 2010). A probable reason for this is that compared with children from middle-SES families, those from low-SES families tend to have relatively limited access to resources, receive less parental support and care, and have parents who are less likely to engage with them or provide them with educational experiences. Therefore, the discrepancy between children from middle-SES and low-SES backgrounds regarding language skills and literacy may widen over time (Walker, Greenwood, Hart, & Carta, 1994). Family-led approaches to enhance the language skills and literacy of kindergarten children from low-SES families have received an increasing amount of attention. Some studies have also reported positive influences of parental engagement in child learning activities on the language and literacy development of children (Foster & Miller, 2007; Roberts, 2008; Sénéchal, 2006). As teachers (Wagner & Clayton, 1999), parents positively influence the language and literacy acquisition of their children. Home-school collaboration may be considered

a more effective means of promoting child language and literacy development. Therefore, the SES of a child's family is closely related to their language development.

4.3 Metalinguistic skills and childhood language development

Phonological awareness refers to the ability to identify and manipulate units of sound. Phonological awareness, particularly phoneme awareness, is the ability to predict reading acquisition robustly across alphabetic languages, including but not limited to English (Goswami & Bryant, 1990; Rack, Snowling, & Olson, 1992; Shankweiler & Fowler, 2004). From a meta-analysis of 235 studies, Melby-Lervag, Lyster, and Hulme (2012) concluded that phonemic awareness is a critical determinant of reading development because it reflects the lexical organization of phonological representations, which in turn determines success when learning to read. Phonological awareness is certainly a causal catalyst in learning to read in many alphabetic writing systems (Wagner & Torgesen, 1987) because it helps children to understand the alphabetic principle that letters in words are represented by sounds.

However, unlike English, for which reading involves blending letter sounds at the phoneme level, the recognition of Chinese characters requires the mapping of spoken words at the syllable level to written Chinese characters to link characters with their respective "sounds" (McBride-Chang & Ho, 2005). Thus, syllable awareness may be the critical determinant for reading Chinese (McBride-Chang, Bialystok, Chong, & Li, 2004). The role of phonological awareness in the Chinese language is somewhat unclear. Numerous studies have supported the independent and consistent relation between phonological awareness and word-level reading across scripts (e.g., Bus, & van IJzendoorn, 1999; Shu, Peng, & McBride-Chang, 2008; Wagner et al., 1997; Wagner & Torgesen, 1987). From a longitudinal study of 182 children, Catts and colleagues (2006)

discovered that kindergarten children who had relatively poor reading comprehension also had poorer phonological awareness than peers with adequate reading comprehension.

Phonological skills have long been proven to be transferable between alphabetic languages (Comeau, Cormier, Grandmaison, & Lacroix, 1999; D'Angiulli, Siegel, & Serra, 2001; Durgunoğlu, Nagy, & Hancin-Bhatt, 1993). For children learning English as a second language (L2) with Chinese as their first language (L1), many studies have reported a significant relationship between Cantonese Chinese (L1) rhyme detection and English (L2) phonological and reading measures (Gottardo, Yan, Siegel, & Wade-Woolley, 2001). Cross-language transfer of phonological awareness from English (L2) to Chinese (L1) regarding other aspects of language have also been demonstrated: L2 instruction focusing on listening, speaking, and reading significantly enhances children's L1 Mandarin Chinese phonological awareness and skills with pinyin (a Mandarin phonetic system; Chen, Xu, Nguyen, Hong, & Wang, 2010). The surprising bidirectional transfer of phonological skills between Chinese and English seems quite robust (e.g., Keung & Ho, 2009; Yeong & Liow, 2012). Although phonological units encoded in orthography are likely more fine-grained in English (phonemes) than in Chinese (syllables), nonetheless, phonological skills seem to be transferable across these languages (Perfetti, Zhang, & Berent, 1992). If this concept is further studied and defended, a universal phonological core intrinsic to reading development across orthographies may increase the necessity of promoting the role of phonology in language development, especially in multilingual settings.

Morphological awareness refers to the ability to recognize and manipulate the meaning structure of language. Relevant research has consistently demonstrated that morphological awareness has a strong influence on the reading processes in English (Ben-Dror, Bentin, & Frost, 1995; Casalis & Louis-Alexandre, 2000) and Chinese (McBride-Chang et al., 2008; Tong,

McBride-Chang, Shu, & Wong, 2009). As mentioned, because Chinese is a logographic and morphosyllabic writing system (DeFrancis, 1984), it differs remarkably from English in terms of both linguistic and structural features. In Chinese, each graphic unit is a character representing a syllable and morpheme (DeFrancis, 1984; Mattingly, 1992; Perfetti & Zhang, 1995). Chinese characters are visually more complex than letters of the English alphabet, with stroke patterns confined to square-shaped forms. Approximately 80% of semantic and phonetic compound characters consist of semantic and phonetic radicals. The semantic radicals provide meaning cues (e.g., 燈 (lamp) because 火 (fire) was required to light an oil lamp in the past) whereas phonetic radical signifies sound cues for the character (e.g., 登 /dang1/, meaning "climb"). Unlike English, Chinese does not represent phonemes or have systematic grapheme-to-phoneme relationships. Therefore, syllables in Chinese are more prominent, whereas phonological units and phonemic awareness are less critical for Chinese than for English (McBride-Chang et al., 2008; Yeung, Chen, & Werker, 2013). Many syllables are composed of two or more homophones with different meanings (Zhou, Zhuang, & Yu, 2002). Because nearly 4500 characters are commonly used in everyday Chinese, many phonological and orthographical units must be stored and retrieved from lexical memory (Liu, Chuang, & Wang, 1975). Moreover, phonetic radicals are not always reliable predictors of the pronunciation of a character. Only 40% of characters can be directly decoded from their respective phonetic radical by using orthography - phonology correspondence rules (Shu, Chen, Anderson, Wu, & Xuan, 2003). Semantic radicals appear to be generally more reliable than phonetic radicals because Chinese characters have varying degrees of semantic and phonological regularity and consistency. With over 800 phonetic radicals (DeFrancis, 1984) and around 200 semantic radicals (Feldman & Siok, 1999) with different degrees of positional,

semantic, and phonological regularities for radicals; the orthographic rules in Chinese are visually compact and relatively complicated. Because learning Chinese characters tends to rely heavily on relatively arbitrary associations between print and sound, the knowledge of the reader regarding the internal structures and positions of radicals within characters plays a key role in reading and writing Chinese.

Another aspect of morphological awareness in Chinese involves the number of homophones and homographs. Chinese has many syllables that have more than one homophone, and each syllable denotes a different meaning (Packard, 2000; Zhou et al., 2002). For example, the syllable /hung4/ has the different meanings of "red," "bear," "male," and "flood." Furthermore, a morpheme (or character) can be combined with two or more morphemes to create compound words in Chinese (Packard, 2000). For example, the morpheme 火 (fire) can be compounded with other characters to form several new words, such as 火災 (fire hazard), 火爐 (furnace), and 火石 (flint). These words all have the fire morpheme and are therefore morphologically related. Thus, morphological skills, or the ability to manipulate morphemes and employ rules of word formation, have a profound influence on reading and writing Chinese (e.g., Kalindi & Chung, 2018; McBride-Chang et al., 2008; Shu, McBride-Chang, Wu, & Liu, 2006). Many Chinese words consist of two or more syllables with meaningful morphemes; thus, morphological awareness has been identified as a strong concurrent and longitudinal predictor for the reading and spelling of Chinese words in children (Tong et al., 2009; Yeung et al., 2013).

Moreover, Chinese characters have unique features in terms of their orthographic structure. The English alphabet comprises only 26 letters, whereas Chinese characters consist of 620 different stroke patterns (sometimes called radicals). Chinese characters contain much more visual information than do English words (Hoosain, 2013). In particular, the visual–spatial configuration

of the Chinese language contrasts with the linear structure of English. Each character is a salient perceptual unit that differs from all others in terms of the number of strokes, number of radicals, and spatial configuration. In contrast to English, in which word length is a visual cue, in Chinese, characters are visually distinguishable only by individual strokes, with all characters occupying the same amount of space. Therefore, visual-orthographic skills may be more critical to learning Chinese characters than words written in an alphabetic system (Huang & Hanley, 1995; Leck, Weekes, & Chen, 1995; Tzeng & Wang, 1983). In Chinese, characters are composed of different stroke patterns that provide rich visual–spatial properties (e.g., —, [, \, , \, , \,) (Chen & Kao, 2002; Gao & Kao, 2002). These stroke patterns are the components used to create radicals that can be combined to form Chinese characters, and they provide a perceptual aspect of orthographic processing (Shen & Bear, 2000). Traditional characters, which are regularly used in Hong Kong, require even more stroke patterns than do the simplified characters used in mainland China. For example, the character 體 (/tai2/, meaning "body"), has 23 strokes in the traditional form, whereas its simplified form 体 consists of seven strokes. Chinese characters can be formed from simplified characters with one radical or compound characters with multiple radicals (Huang, 2005; Lin, 2006).

Emerging evidence from cross-sectional and interventional studies suggests that the metalinguistic skills (i.e., phonological, orthographic, and morphological awareness) individually and interactively contributes to the development in Chinese and English language skills in children (Chung, Ho, Chan, Tsang, & Lee, 2011; Chung, Lam, & Cheung, 2018; Chung, Tong, & McBride-Chang, 2012; Ehri, 2014; Good, Lance, & Rainey, 2015; Karami, Abbasi, & Zakei, 2013; Packard et al., 2006; Tong & McBride-Chang, 2010). Some studies have also suggested that directly teaching vocabulary and oral language is crucial for language development in children (Mayer &

Motsch, 2015; Torgesen, Wagner, Rashotte, Burgess, & Hecht, 1997). Therefore, by extending relevant research, the newly developed intervention program in the current study was designed to develop the phonological, orthographic, and morphological awareness of children as well as to improve their vocabulary knowledge and oral language abilities.

5 Study Theoretical Framework

5.1 Early intervention on child language

Early language and literacy intervention has been recognized by Western communities as one of the most cost-effective means of preempting intergenerational poverty (Duncan, Ludwig, & Magnuson, 2007). The Head Start program in the United States, for example, has been demonstrated not only to increase the benefits children acquire from education but also reduce their likelihood of grade repetition, crime involvement, and welfare dependency (Ludwig & Phillips, 2008). With the prevalence of poverty in Hong Kong, evaluating a locally derived intervention program that targets language learning would help policy makers to assess the feasibility of ameliorating difficulties related to language learning and literacy and the negative effects of poverty by addressing educational inequality at an early stage of child development.

The majority of literacy programs for young learners have demonstrated positive effects of metalinguistic training on the literacy acquisition of English-speaking children from families with low SES. However, most of these programs were not designed to address the needs of Chinese children and their families. For example, compared with Western parents, Chinese parents may prefer to support their children's learning with standard drill approaches and more formal, direct, sequential, and systematic teaching than through informal and discovery-based approaches. Formal education begins much earlier in Hong Kong than in Western countries. Children educated in China begin to read and write at the age of 3.5 years, indicating that Chinese parents may have

less time than Western parents to teach their children to read and write at home before they attend school. As aforementioned, the Chinese language differs from English in various aspects of phonology, visual orthography, and morphology that are relevant to literacy acquisition. Because Chinese words are compounded from two or more morphemes, a thorough understanding of morphological structures and homophone-sensitive morphemes may facilitate literacy acquisition (Tong et al., 2009). In Chinese, approximately 80%–90% of characters are ideophonetic compounds, which consist of semantic and phonetic radicals. Generally, semantic and phonetic radicals provide a character with semantic category and sound cues, respectively. Moreover, most radicals in a character present habitual positions. Thus, identifying the correct orientation of orthographic units and having an adequate understanding of pronunciation and meaning cues may facilitate vocabulary expansion and improvement in reading comprehension. Research on literacy acquisition among Chinese children has revealed that phonological awareness (McBride-Chang & Ho, 2000), orthographic skills (Ho, Yau, & Au, 2003), morphological awareness (McBride-Chang, Shu, Zhou, Wat, & Wagner, 2003), vocabulary (Shu et al., 2006), and oral language skills (Liu et al., 2010) are crucial contributors to literacy acquisition. Considering the significant contribution of these skills to literacy acquisition, an early intervention focusing on these skills may facilitate the development of metalinguistic skills and literacy of Chinese children from low-SES families.

A considerable amount of research conducted on parental engagement in literacy programs has further demonstrated the significance of parental involvement in delivering interventions for English-speaking children at risk of developing literacy difficulties. Relevant studies have also reported that early education intervention programs for children from disadvantaged backgrounds, such as Head Start (Currie, 2001; Fantuzzo, Perry, & McDermott, 2004), Parents as Teachers (Wagner & Clayton, 1999), and Instruction for Parents of Preschool Youngsters (Baker,

Piotrkowski, & Brooks-Gunn, 1999), positively influence child language and literacy acquisition. The reason behind this influence is that such intervention programs promote parental involvement that support and improve child literacy. Positive parent–child relationships may be fostered through quality time spent by parents with their children. Literacy programs may also improve the social and behavioral skills of children because teachers and parents may discuss the child's behaviors at home and in school and collaborate to improve the social functioning and address the problem behaviors of the child (Rimm-Kaufman, Pianta, Cox, & Bradley, 2003; Supplee, Shaw, Hailstones, & Hartman, 2004).

5.2 The present study

The current project primarily aimed to develop, implement, and evaluate an early intervention program to facilitate literacy acquisition among Chinese kindergarten children from low-SES families. We incorporated several core teaching components of metalinguistic skills, including oral language abilities, phonological skills, morphological skills, orthographic skills, and vocabulary knowledge, all of which are considered critical to learning Chinese and English. The first objective of this study was to investigate the changes in the metalinguistic and literacy skills of children through interventions. The second aim was to examine the metalinguistic profile of kindergarten children from low-SES families, emphasizing the characteristics of low-SES children and how these metalinguistic skills are associated with reading Chinese and English. Other studies (e.g., Chung, Liu, McBride, Wong, & Lo, under review; Liu et al., 2016) have discovered that the reading and spelling abilities of Chinese-speaking kindergartner from low-SES families are related to and influenced by the phonological awareness, morphological awareness, orthographic awareness, vocabulary knowledge, and oral language abilities. Therefore, teaching these skills may improve the metalinguistic skills and literacy of Chinese children. We anticipated the following

results: (a) children from low-SES families would perform significantly better than their low-SES peers after completing the intervention, (b) children from low-SES families would exhibit worse performance than their middle-SES counterparts in terms of metalinguistic skills and literacy prior to the intervention but would demonstrate significantly improved performance after completing the intervention, (c) some subgroups would form among children from low-SES families in terms of language skills, which would lead to differences in reading skills, and (d) children in different subgroups would respond differently to the intervention.

6 Methodology

6.1 Participants

A total of 303 third grade (K3) kindergarten children and their parents from 13 local kindergartens in Hong Kong participated in this study. Based on median monthly household income (Census and Statistics Department, 2016), we first stratified the 18 geographic districts of Hong Kong into high- (ranging from HK\$ 29,000–40,000 or approximately US\$ 3,718–5,128), middle- (ranging from HK\$ 24,200–28,000 or approximately US\$ 3,103–3,590), and low-(ranging from HK\$ 19,000–23,000 or approximately US\$ 2,436–2,949) socioeconomic strata. We then randomly telephoned kindergartens (using publicly available contact information) until nine kindergartens in low-SES districts and four kindergartens in middle-SES districts agreed to recruit families for the study. Through these participating kindergartens, we sent invitation letters and consent forms to all K3 children. After written informed consent had been obtained from parents, our final sample included 215 and 88 families from low-SES (nine kindergartens) and middle-SES (four kindergartens) districts, respectively. Of the 215 low-SES children, 120 were randomly assigned to the intervention group with home-school collaborative and school literacy programs. The remaining 95 children from low-SES families and 88 children from middle-SES families were

assigned to the control group without language-related intervention program. Descriptive information of participants is presented in Appendix E.

6.2 Measures

Vocabulary knowledge was measured using the 60-item and 72-item receptive vocabulary tasks for Chinese and English, respectively, which were translated and adopted from the third edition of the Peabody Picture Vocabulary Test (Dunn & Dunn, 1997). Each item consisted of four black-and-white illustrations arranged on a picture plate. After being presented with the picture plate, children were asked to select the picture that best represented the connotation of a stimulus word that was orally provided by the administrator. Children were asked to answer all items. One point was awarded when children selected the correct picture, and zero points were given for an incorrect response or no response.

Phonological awareness was measured using the 51-item (McBride-Chang et al., 2008) and 8-item (Yeung & Ganotice, 2014) syllable deletion tasks for Chinese and English, respectively. These tests consisted of two-syllable and three-syllable words. After hearing the words, children were asked to delete a single syllable from each word and then read it aloud (e.g., for the English item "please read /beft/ without /t/," the answer would be "/bef/"; for the Chinese item "please read /mwk (lemon) the word 茶 (tea)," the answer would be "檸檬 (lemon)"). Based on the level of difficulty, the items on the Chinese phonological test were grouped into six blocks, each of which consisted of 7–10 items. If a child failed on six or more items within one of the first three blocks, or failed on four or more items within one of the last three blocks, then the whole task was terminated. Children were asked to answer all items in the English phonological test. One point was awarded when children pronounced the word correctly, and zero points were awarded for an incorrect response or no response.

Chinese morphological awareness was measured using the 48-item morphological construction test (McBride-Chang et al., 2003). A short scenario was orally presented to children before they were asked to construct new words for concepts or objects based on the scenario (e.g., for the item "A box that holds letters is called a letterbox. What do we call a table that holds letters?" the newly constructed word would be "lettertable"). Items were organized into eight blocks based on the level of difficulty, each of which consisted of five to seven items. For the initial five blocks, if a child failed on four or more items within one block, then the whole test was terminated. If the child successfully reached block 6, then the next task would be to complete the remaining three blocks regardless of errors. One point was awarded for a correct response and zero points were awarded for an incorrect response or no response.

Word reading ability was measured using the 70-item and 80-item word reading tasks for Chinese and English, respectively. The Chinese word reading task consisted of 30 single-character and 40 two-character words of increasing difficulty that were adopted and modified from the HKT-P (II) to suit the reading ability of children enrolling in kindergartens in Hong Kong (Chung & McBride-Chang, 2011). The English test consisted of 80 words derived from textbooks commonly used in kindergartens in Hong Kong (McBride-Chang & Treiman, 2003). For both reading tasks, children were asked to read aloud each word individually from the beginning of the test at their own pace. One point was awarded when children pronounced the word correctly and zero points were awarded for an incorrect response or no response.

Demographic and socioeconomic information was provided by parents of all participating children, who were invited to complete a questionnaire comprising questions concerning SES information, such as parent education, occupation, and income level as well as the educational

experiences of their children, and parents' engagement in parent-child interactive literacy activities.

6.3 Intervention

We designed the program to teach five language skills: (a) phonological awareness (Chinese and English), (b) orthographic awareness (Chinese), (c) morphological awareness (Chinese), (d) vocabulary knowledge (Chinese and English), and (e) oral language skill (Chinese and English). Our final language intervention program consisted of 18 and 12 sessions for Chinese and English, respectively. Each session had a duration of 30 minutes, and the program was delivered by experienced kindergarten teachers twice per week over a period of 15 weeks. In other words, one Chinese lesson and one English lesson were conducted in the first 12 weeks, and Chinese lessons were conducted twice in the last 3 weeks.

Training of metalinguistic skills occupied approximately 70% (11 lessons) and 50% (5 lessons) of the Chinese and English programs, respectively. Specifically, training of phonological awareness for Chinese focused on syllabic ability and use of spoken words, and that for English emphasized the concept of constituent syllables, rhyme, and onset words. For Chinese, training of orthographic awareness focused on semantic identification of radicals (e.g., \square meaning mouth, \mp meaning hand) and judgment of radical positioning (e.g., left-to-right, top-to-down, outside-to-inside, and independent), while training of morphological awareness helped children to distinguish between the meanings of different morphemes and use morpheme words.

The current intervention program was also designed to directly improve children's vocabulary knowledge and oral language abilities, both of which have been proven to be crucial to the development of Chinese and English reading abilities in young children (McBride-Chang et al., 2008; Lonigan, Schatschneider, & Westberg, 2008). Vocabulary knowledge and oral language

training were quite similar for Chinese and English. New vocabulary items were taught and practiced repeatedly through multiple well-designed activities and games, such as storytelling, matching games, and magic spell songs. Moreover, age-appropriate games such as role-playing and sentence-making games were also utilized to develop the oral listening and communication skills of the children.

Five key pedagogical features were used in the intervention design: child-centered learning, diversified learning activities, play-based learning, multisensory teaching approach, and thematic approach. In particular, the Chinese sessions were designed under one integrated theme of "Happy Circus", whereas the English sessions were developed based on six topics: human body parts, shapes, transportation, animals, sports, and bingo. In accordance with these specific themes, rhyming and onset words were also introduced through games. All sessions included (a) a 5-min introduction/warm-up and revision session, (b) a 20-min main activity involving such activities as storytelling, singing, word games, and character puzzle games, and (c) a 5-min conclusion. Additionally, to assist teachers in monitoring the learning progress of the children, review exercises were conducted during the seventh and sixteenth sessions for Chinese and during the sixth and twelfth sessions for English. Outlines of the Chinese and English sessions are provided in Appendix A and B, respectively. Furthermore, take-home activities were also designed for both Chinese and English sessions with the aim of promoting parental involvement in children's language learning and helping children to apply knowledge and skills learned in school.

Appendix C and D present some exemplary sessions for Chinese (second session) and English (third session), respectively. For example, in the introduction phase of the third English session (under the theme of human body parts), the teacher and all children sat in a circle and sang a "hello hello" song together. In the main activity phase, the teacher used a monkey doll to

introduce body parts (e.g., teeth and hair) and some verbs (e.g., brush and wash). Then, the teacher presented some examples of full sentences by combining the words learned: "I brush my teeth," and then together with possible question: "What can you do? I can brush my teeth." After that, children were divided into small groups to practice the words and sentences in a card game. Finally, in the conclusion phase, the teacher used picture cards and the magic spell sentences (e.g., "good bye Oreo, good bye Oreo," which had a repetition of the sound "o") to reinforce the new knowledge and sang a "Goodbye" song to conclude the lesson.

7 Data Collection and Analysis

After parental permission, all participating children completed pretests (November-December, 2016) and posttests (May–July, 2017) approximately 5 months apart on phonological awareness, morphological awareness, vocabulary knowledge, and reading in both Chinese and English. For both pretests and posttests, children were tested individually within a 60-min session during class time. To prevent fatigue, short breaks were scheduled between tests. All tests were administered by trained research assistants and college student assistants, following standard procedures. Moreover, through questionnaires, parents provided demographic information regarding their child and family, including the child's gender and age, parents' education level, and monthly household income. As a token of appreciation, each child received a gift of HK\$10 (or about US\$1) after completing the tasks at each test, and each parent received a supermarket coupon of HK\$50 (or about US\$6) after completing the whole study. Moreover, 10% of the 30 language sessions were randomly selected from each school in the intervention group to evaluate the treatment fidelity of the intervention program. The results revealed that the average fidelity of the selected sessions was 98%, indicating that session activities were appropriately delivered and session objectives were generally achieved.

In response to our multiple research objectives, analyses were conducted in three stages. In stage 1, we focused on the effectiveness of the intervention among children from low-SES families. Using SPSS 22.0, we conducted a series of analyses of covariance (ANCOVAs) on children from low-SES families in the intervention and control groups to identify differences in posttest scores for the different language tests. In stage 2, we performed ANCOVAs to further evaluate the effectiveness of the intervention by comparing children from low-SES families in the intervention group with children from middle-SES families in the control group in terms of posttest scores for language skills. In stage 3, we performed a series of cluster analyses using the *R* project with K-means techniques to identify potential subgroups among children from low-SES families with respect to pretest scores for language skills. Differences were also examined among identified subgroups regarding reading skills and differences after the intervention.

8 Results and Discussions

Appendix F presents the results of the ANCOVAs for children from low-SES families in the intervention and control groups. First, after controlling for children's gender and age and parent's education level, the two groups did not exhibit differences with respect to Chinese and English language and reading skills in the pretests, suggesting no predetermined difference between the groups. Then, after controlling for parent's education level and children's gender, age, and pretest scores, the children in the intervention group exhibited significantly better performance than their low-SES counterparts in the control group on posttests with respect to phonological and morphological awareness in Chinese and phonological awareness, vocabulary knowledge, and word reading in English. Focusing on the effect sizes, the intervention and control groups accounted for 28% (phonological awareness), 15% (vocabulary knowledge), and 11% (word reading ability) of the variances in multiple English skills, indicating medium to large effect sizes

 (η^2) . Moreover, the strength of the correlation between the intervention and control groups for Chinese skills was slight but significant, accounting for 6% (phonological awareness) and 7% (morphological awareness) of variances and indicating small to medium effect sizes. Therefore, the results in stage 1 supported the effectiveness of our intervention program on improving the language and reading skills of children from low-SES families.

Appendix G presents the ANCOVA results for children from low-SES families in the intervention group and children from middle-SES families in the control group. We first analyzed the differences between the two groups regarding their language skills in the pretests. The results revealed that after controlling for children's gender and age and parent's education level, the two groups did not exhibit significant differences in pretest scores for Chinese and English language and reading skills, with the exception of English word reading skills, for which children from low-SES families in the intervention group had significantly lower scores than children from middle-SES families in the control group. After controlling for parent's education level and children's gender, age, and pretest scores, children from low-SES families in the intervention group performed significantly better than their counterparts from middle-SES families in the control group on posttests for phonological awareness and vocabulary knowledge in English. In terms of effect size (η^2) , the intervention and control groups accounted for 21% and 27% of variances in English phonological awareness and English vocabulary knowledge, respectively. Thus, the results in stage 2 further supported the effectiveness of our intervention program on improving the language and reading skills of children from low-SES families.

Appendix H presents the results of a cluster analysis on children from low-SES families across the intervention and control groups. Three subgroups were identified according to pretests scores:

- Group 1: high scores for all language skills;
- Group 2: low scores for all language skills;
- Group 3: high scores for English vocabulary knowledge but low scores for all other skills.

Further comparisons of these three subgroups in terms of reading skills revealed that Group 1 performed significantly better than the other two groups in Chinese word reading, whereas the three subgroups did not differ significantly in English word reading. Therefore, our results indicated that all Chinese language skills (i.e., phonological awareness, morphological awareness, and vocabulary knowledge) are critical for Chinese word reading, whereas English phonological awareness and English vocabulary knowledge likely play crucial roles in English word reading abilities.

Notably, of the children who participated in our intervention programs, those in Group 2 (low scores for all language skills) demonstrated the most substantial improvement in both Chinese and English vocabulary knowledge, and those in Group 3 (high scores for English vocabulary knowledge but low scores for all other language skills) demonstrated the greatest improvement in both Chinese and English phonological awareness. These findings further support the effectiveness of our intervention program for fostering children's language development, especially in children with relatively low language skills prior to participation in the intervention.

9 Conclusions and Recommendations

By extending theoretical and empirical research on early language and reading interventions, the present study developed and implemented a locally derived intervention program to facilitate Chinese and English language learning among children from low-SES families. With longitudinal data collected from kindergarten children residing in Hong Kong, our findings suggested that our early intervention program was effective for improving the language and

reading skills of kindergarten students from low-SES families in Hong Kong, especially those with poor language skills prior to participation in the intervention.

Children who participated in the intervention program generally performed significantly better on the posttest with respect to phonological awareness and morphological awareness in Chinese and phonological awareness, vocabulary knowledge, and word reading in English, compared to their counterparts with low SES backgrounds in the control group. More importantly, children who participated in the intervention program also exhibited significantly greater posttest performance than their counterparts from middle-SES families in the control group in terms of phonological awareness and vocabulary knowledge in English. Finally, we identified three subgroups among children from low-SES families regarding language skills. The subgroup of participants who had low scores for language skills before enrolling in the intervention benefitted the most from our intervention program.

Our findings also indicate some possible directions for future research. First, the intervention program may be adapted to be suitable for second-grade kindergarteners. Second, incorporating executive functioning skills into the program may be beneficial for further strengthening language and reading skills. Finally, considering the significance of parental involvement and home literacy environment in shaping children's language development (Suskind et al., 2016), teachers and practitioners may consider involving parents in the intervention and equipping them with knowledge and skills required to support the language and literacy acquisition of their children.

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Appendices

Appendix A. Outline of Chinese sessions.

活動	學習元素	學習目標	學習內容
1 出發了 2 動物 大匯演	語音意識 Phonological Awareness	增強音節運用的能力	在馬戲團看到的東西:
		說出詞語中被省略的字	小丑、汽球
		提升口語詞彙的運用	摩天輪、過山車
		(Verbal Vocabulary)	旋轉木馬、空中飛人、花式表演
		增強音節運用的能力	不同動物的名稱:
		識別詞語中音節位置的能力	犀牛、孔雀、駱駝、海獅、袋鼠、
		提升口語詞彙的運用	企鵝
		(Verbal Vocabulary)	長頸鹿、八爪魚、北極熊、貓頭
			鷹、斑點狗、寄居蟹
3 百變 商店	語素意識	提升運用語素構詞的技巧	以固定語素「店」組詞
	Morphological Awareness	擴充名詞的口語詞彙數量	口述句式:「我⊠ <u>(地點)</u> 見過
		運用名詞加強組合短句能力	『 <u>(自由語素)</u> 店』。」
4		認識新詞語的形成規律	重温以固定語素「店」組詞
拼拼說說		擴充名詞的口語詞彙數量	以固定語素「水」、「車」和「包」組
B/U B/U			詞
5		提升分辨語素意義的能力	同音字「綠、六」、「紅、熊」、
真好玩		(同音異字)	「師、獅」
6 小攤位		提升分辨語素意義的能力	同音字詞語:
		(同音異字)	紫色、紙杯、紙盒、紙張
			牙膏、雪糕、蛋糕、年糕
			三角形、三點鐘、図衫、第三名
			醫生、洗衣機、泳衣、雨衣
			足球場、長褲、長頭髮、長袖衫
			風車、龍捲風、蜜蜂、風筒
_			
7 馬戲團	綜合活動	重温音節的概念	重温音節的概念
列車	Integration	重温語素詞語	重温與馬戲團相關的口語詞彙

		重温「店」、「水」、「包」等語 素組成的詞語
8 幸運	重温語素的意義	重温不同語素的意義(同音異字)
摩天輪		

活動	學習元素	學習目標	學習內容
9	字形結構	認識獨體字	獨體字:
開心	Orthographic 照相館 Structure	認識左右結構字	天、車、馬、月、女、中
7R1DA6	Structure		左右結構字:
			朋、球、演、休、期、師
10		形旁部首 (Semantic Radical)	全包圍結構字:
旋轉音樂盒		認識全包圍結構字	團、國、田、因、回、困、園、
日末品		認識上下結構字	圍、圓、圖、固、圃
			上下結構字:
			早、息、男、空、耍、雪、去、
11			古、字、星、六
11 文字		聲旁 (Phonetic Radical)	部首「口」及其字彙:
大抽獎		認識形旁部首的意義及其字彙	唱、叫、咬、喝、吹、吃、哈
12			部首「手」及其字彙:
趣怪			拉、推、拍、摸、摺、抹
小丑			口述句式:
			「我用手 <u>(手部動作)</u> 。」
13		聲旁 (Phonetic Radical)	認識聲旁「白」、「青」、
尋寶		認識聲旁的意義及其字彙	「可」及其字彙
樂園 14	 詞彙知識	 增強對常見字詞字形及意義之間的	目標字詞:
畫畫	門果和帆		
Bingo	Knowledge	聯想 	本領、鼓掌、期待、欣賞、觀
15		運用形容詞加強組合短句能力	
12			目標字詞(形容詞):

哈哈鏡			快樂、精彩、有趣、繽紛、驚險
			口述句式:
			「我覺得好 <u>(形容詞)</u> ,因
			為」
16	綜合活動	重温結構字	重温:
小舞台	Integration	重温部首	「獨體字」、「左右結構字」、
			「全包圍結構字」及「上下結構
			字」
			部首「手」和「口」

活動	學習元素	學習目標	學習內容
17 我是 創作家	口語表達 Oral Language	句子創作 (Sentence Making) 加強掌握句子的結構及造句能力	分辨組成句子的四個元素:「時間」、「人物」、「地點」、「事情」 情」 依照預設的句子結構口頭造句例: 星期天,小丑在馬戲團 變魔術。 時間) (人物) (地點) (事情)
18 創意		故事創作 (Story Telling)	學習運用「時間」、「人物」、「地
馬戲團		→ 提升組織句子及口語表達能力 	點」、「事情」四個元素創作句子 利田句子組成故事
			利用句子組成故事

Appendix B. Outline of English sessions.

Activities	Domains	Learning objectives	Content	Magic Word lists
1 Human Body Parts	Oral language & Vocabulary Knowledge	Name the human body parts	Sing the "Hello Hello" song. Introduce the story of Monkey Oreo. Name different body parts.	Teeth, hands, face, hair
2 Human Body Parts	Oral language & Vocabulary Knowledge	Match verbs to suitable nouns	Match verbs to suitable body parts. Sing the "Cleaning the Body" song.	Brush, wash, comb, take
3 Human Body Parts	Oral language & Vocabulary Knowledge	Recognise human body parts; answer questions using short sentences	Match picture cards with the printed words. Be familiarized with the conversation pattern: "What can you do?" "I can"	Brush my teeth, wash my hands/face /hair, comb my hair, take a shower
4 Shapes	PA & Vocabulary Knowledge	Name shapes and clap out the syllables of words	Match the objects to shapes. Clap out the syllables of words with 2 to 3 syllables.	Triangles, circles, rectangles, hearts
5 Shapes	PA & Oral language	Count the numbers of syllables of words	Be familiarised with the conversation pattern: How many triangles are there?" "There are" Use different shapes to create a Christmas bag. Name the shapes. Count the syllables of words.	One, two, three, four, five
6 Transportations	Integration	Revise vocabularies	Review the vocabularies learnt in previous lessons.	/

Activities	Domains	Learning objectives	Content	Magic Word lists
7 Animals	Oral language & Vocabulary Knowledge	Name animals	Play guessing and whispering games using animals names.	Cats, mouse, giraffes, elephant s
8 Animals	PA & Oral language	Match adjectives to nouns and recognise rhymes in words	Match the adjectives to animals. Playing rhyming games.	Tall, short, big, small, fat, thin
9 Sports	PA & Vocabulary Knowledge	Name sports	Name sports through catching and throwing games.	Tennis ball, football, basketball
10 Sports	PA & Oral language	Identify onsets; answer questions using short sentences	Be familiarised with the conversation pattern "What do you like?" "I like to play" Identify onsets.	Play
11 Sports	PA & Oral language	Discriminate onsets and rimes	Discriminate onsets and rimes	/
12 Bingo	Integration	Review words and PA skills	Integrate previously learn oral vocabularies and word recognition and PA skills	/

Appendix C. Exemplar session on Chinese $(2^{nd} session)$



Appendix D. Exemplar session on English (3rd session)



Appendix E. Descriptive information of the participants.

	Intervention G	roup, Low-SES	Control Grou	p, Low-SES	Control Group	, Middle-SES
	(n =	(n = 120)		(n = 95)		88)
	Mean / n	SD/%	Mean / n	SD / %	Mean / n	SD / %
Age in pretest (months)	63.95	4.03	64.00	3.85	64.02	3.96
Gender-girls	53	44%	40	42%	38	43%
Monthly household income						
<=HK\$15,000 (or US\$1,923)	52	47%	27	31%	20	26%
HK\$15,001-45,000 (or US\$1,923-5,769)	54	49%	50	57%	45	58%
>=HK\$45,001 (or US\$5,769)	5	4%	10	12%	12	16%
Parental education level in pretest						
Primary school	7	7%	7	8%	4	5%
Secondary school	75	71%	57	61%	49	60%
Sub-degree and degree	23	21%	27	29%	28	35%
Post-graduate	1	1%	2	2%	0	-

Appendix F. Results of ANCOVAs among children with low-SES in the intervention and control groups.

		Intervention Group, Low-SES		Control Group, Low-SES		ANCOVA	
	Cronbach's alpha	Mean	SD	Mean	SD	F value	Partial η^2
Pretest							
PA-Chi	.91	11.26	6.37	10.10	7.51	.46	.005
MA-Chi	.85	6.54	4.45	6.63	4.79	.13	.001
VoK-Chi	.70	30.02	7.49	28.27	7.18	.89	.010
Read-Chi	.98	26.98	16.77	26.10	18.16	.11	.001
PA-Eng	.77	3.94	2.16	3.80	2.30	.37	.004
Vok-Eng	.95	31.26	12.32	32.75	11.25	.19	.002
Read-Eng	.96	2.08	3.56	5.32	11.26	3.13	.035
Posttest							
PA-Chi	.92	18.82	5.99	15.00	7.72	4.13*	.056
MA-Chi	.88	13.76	5.00	11.73	5.48	5.27*	.071
VoK-Chi	.79	35.29	7.27	33.43	7.32	.26	.004

Appendix F continued.

Read-Chi	.97	42.67	17.10	36.97	17.63	.83	.012
PA-Eng	.74	6.64	1.51	4.77	1.94	26.20**	.275
Vok-Eng	.94	45.38	6.49	36.20	11.96	12.38**	.152
Read-Eng	.97	8.80	10.04	6.70	11.19	8.12**	.105

Notes: PA = phonological awareness, MA = morphological awareness, VoK = vocabulary knowledge, Read = reading ability, Chi = Chinese, Eng = English. * p < .05, ** p < .01

Appendix G. Results of ANCOVAs among children with low-SES in the intervention groups, and children with middle-SES in the control group.

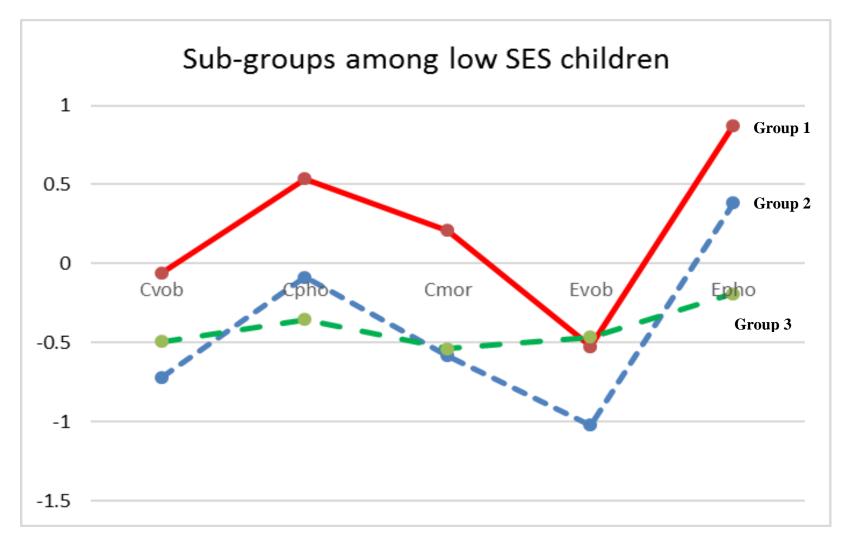
	Intervention Group, Low-SES		Control Group,	Middle-SES	ANCOVA	
	Mean	SD	Mean	SD	F value	Partial η^2
Pretest						
PA-Chi	11.26	6.37	13.05	8.76	1.08	.012
MA-Chi	6.54	4.45	6.00	4.30	.43	.005
VoK-Chi	30.02	7.49	30.14	9.20	.04	.000
Read-Chi	26.98	16.77	28.49	18.93	.12	.001
PA-Eng	3.94	2.16	3.89	2.28	.17	.002
Vok-Eng	31.26	12.32	34.78	9.83	1.08	.012
Read-Eng	2.08	3.56	5.78	7.64	7.14**	.072
Posttest						
PA-Chi	18.82	5.99	17.79	9.92	.26	.003
MA-Chi	13.76	5.00	10.85	5.77	2.40	.027
/oK-Chi	35.29	7.27	34.64	8.12	.27	.003
Read-Chi	42.67	17.10	40.64	16.65	.11	.001

Appendix G continued.

PA-Eng	6.64	1.51	4.67	2.18	23.17**	.212
Vok-Eng	45.38	6.49	34.79	12.85	31.51**	.268
Read-Eng	8.80	10.04	8.85	8.78	2.00	.023

Notes: PA = phonological awareness, MA = morphological awareness, VoK = vocabulary knowledge, Read = reading ability, Chi = Chinese, Eng = English. * p < .05, ** p < .01

Appendix H. Results of cluster analysis among low-SES children.



Notes: Group 1 = high scores for all language skills; Group 2 = low scores for all language skills; Group 3 = high scores for English vocabulary knowledge but low scores for all other skills.